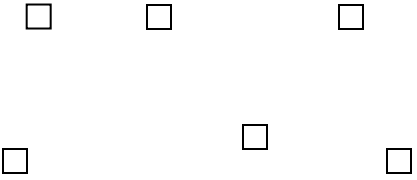
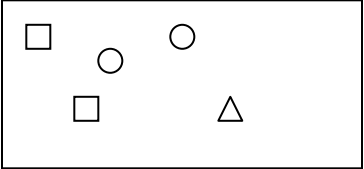
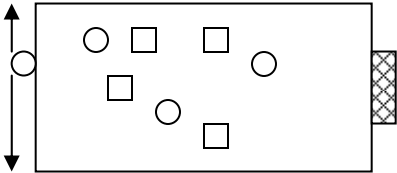
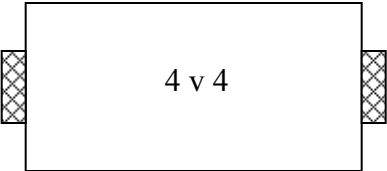




Name:

Topic: 1st Attacker - Decisions

Date:

<p>UNRESTRICTED SPACE – WARM UP</p> 	<p>ORGANIZATION</p> <ul style="list-style-type: none"> ▪ Ball between three people – passing and moving 	<p>KEY COACHING POINTS</p> <ul style="list-style-type: none"> ▪ Good passing technique <ul style="list-style-type: none"> ○ In order for the players to make good tactical choices they must possess good technical ability ▪ Players constantly moving
<p>RESTRICTED SPACE</p> 	<ul style="list-style-type: none"> ▪ Team plays 2v2+1 in a 35-x-30 yard area ▪ Triangle is a neutral player who plays for both teams ▪ Teams try to complete 5 consecutive passes – get one point for doing so 	<ul style="list-style-type: none"> ▪ Penetrate by making the best tactical choice <ul style="list-style-type: none"> ○ Weigh game situation ○ Location on the field ○ Positioning of teammate versus opponents ○ 1st attacker's technical ability
<p>ONE GOAL WITH COUNTER</p> 	<ul style="list-style-type: none"> ▪ Play 4v3 to goal ▪ Team of four attacks goal ▪ After defending team wins ball they can score by passing to the target player 	<ul style="list-style-type: none"> ▪ 1st thought - shoot the ball ▪ 2nd thought – get the ball to someone in scoring position (pass) ▪ 3rd thought – penetrate by passing or dribbling
<p>GAME – TWO GOALS</p> 	<ul style="list-style-type: none"> ▪ 4v4 + GK game ▪ No restrictions on players 	<ul style="list-style-type: none"> ▪ Observe to see if the 1st attacker's are making good choices